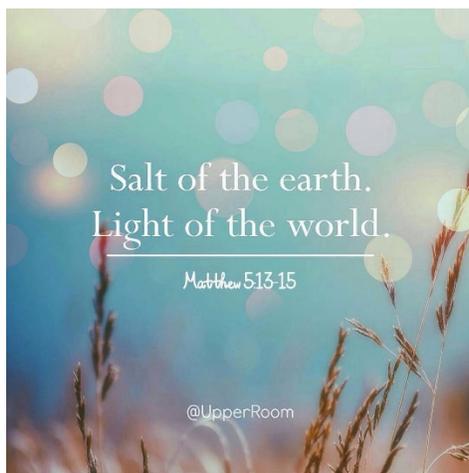


**Mary Mother of Jesus Inclusive Catholic Community**



**5th Week of Extra-Ordinary Time  
February 4, 2023**

**Presider Team: Kathryn Shea & Lee Breyer**

**Prayer Readers: Andrea Seabaugh & Beth Ponce**

**Prayer Leader: Marty Cummins**

**Music Minister: Linda Lee and Rick Miller**

**Theme: "You are the salt of the Earth and the Light of the World"**

**Welcome and Gathering**

**Lee: Welcome to our Zoom liturgy at Mary Mother of Jesus, an inclusive Catholic Community where all are welcome.**

- We invite you to pray the liturgy and respond where it says "All."**
- All participants will be muted during the liturgy except for the presiders and readers.**
- Please bring a candle and have bread and wine/juice nearby as we pray our Eucharistic prayer.**

**Whoever you are,  
Wherever you are,  
Just as you are,**

You are welcome at this table. (*Integral Christianity by Paul Smith*)

Let us now take a few minutes to collect ourselves as we prepare to focus our minds and our hearts on our knowledge that we are all one, brought together at this time to transform ourselves and our world through love; love for our Holy One, love for our neighbors, love for ourselves, and love for our planet. Let us begin our liturgy by lighting our candle and expressing this love through song.

Gathering Song: "Gather Us In" by Marty Haugen

<https://www.youtube.com/watch?v=ar0BXa82F9M>

### Opening Prayer

**Kathryn**: Oh Holy One, we are delighted to gather with you and one another today as we share this sacred space and as we celebrate our oneness in you. You told us on many occasions to "love one another, as I love you." In this time of great turmoil on our planet, we need to more fully embrace and act upon your words. As we gather today, may we be ever more mindful of our call and responsibility to serve your people as your anointed ones. We give thanks for our Brother Jesus, who being both fully human and divine, showed us the way; the way to love, the way to peace and compassion, the way to creating the kingdom of Holy Mystery on Earth. Let us work to bring your light to this hurting world. AMEN.

### Rite of Transformation

**Marty**: We pause now to remember the times we have not born fruit in caring for self and others. Take a moment to recall one missed opportunity, one broken or damaged relationship. (Pause briefly and extend your hand over your heart)

**ALL**: As we ask for and receive forgiveness, we open our hearts to Infinite Love embracing and healing us. Let it be so, Yes, Alleluia!

A Joyful Gloria: Linda Lee Miller and graphics by Rick Miller

[https://www.youtube.com/watch?v=\\_IA5l0nODZI](https://www.youtube.com/watch?v=_IA5l0nODZI)

## Liturgy of the Word

### **Andrea: First Reading: Isaiah 58:7-10**

Thus says the LORD: Share your bread with the hungry, shelter the oppressed and the homeless; clothe the naked when you see them, and do not turn your back on your own.

Then your light shall break forth like the dawn, and your wound shall quickly be healed; your vindication shall go before you, and the glory of the LORD shall be your rear guard.

Then you shall call, and the LORD will answer, you shall cry for help, and God will say: Here I am!

If you remove from your midst oppression, false accusation and malicious speech; if you bestow your bread on the hungry and satisfy the afflicted; then light shall rise for you in the darkness, and the gloom shall become for you like midday.

These are the words of the prophet Isaiah, and we affirm them by saying, AMEN.

Responsorial Psalm – [Psalm 112](https://www.youtube.com/watch?v=ScWJabK2Lq0): “The just man is a light in darkness to the upright.” <https://www.youtube.com/watch?v=ScWJabK2Lq0>

### **Beth: Second Reading: 1 Corinthians 2:1-5**

When I came to you, brothers and sisters, proclaiming the mystery of God, I did not come with sublimity of words or of wisdom.

For I resolved to know nothing while I was with you except Jesus Christ, and him crucified.

I came to you in weakness and fear and much trembling, and my message and my proclamation were not with persuasive words of wisdom, but with a demonstration of Spirit and power, so that your faith might rest not on human wisdom but on the power of God.

### **Lee: Gospel Reading: Matthew 5:13-16**

Jesus said to his disciples: “You are the salt of the earth. But if salt loses its taste, with what can it be seasoned? It is no longer good for anything but to be thrown out and trampled underfoot.

**You are the light of the world. A city set on a mountain cannot be hidden. Nor do they light a lamp and then put it under a bushel basket; it is set on a lampstand, where it gives light to all in the house.**

**Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Holy One.”**

**These are the words of the Gospel writer Mathew, and we affirm them by saying, AMEN.**

**Celtic Alleluia: <https://youtu.be/o1rc7ojQtJU>  
Homily/Community Sharing  
Communal Statement of Faith**

**Marty and ALL: We believe in the Holy One, a divine mystery beyond all definition and rational understanding, the heart of all that has ever existed, that exists now, or that ever will exist.**

**We believe in Jesus, messenger of God's Word, bringer of God's healing, heart of God's compassion, bright star in the firmament of God's prophets, mystics, and saints.**

**We believe that we are called to follow Jesus as a vehicle of God's love, a source of God's wisdom and truth, and an instrument of God's peace in the world.**

**We believe in the Holy Spirit,  
The life of God that is our innermost life,  
The breath of God moving in our being,  
The depth of God living in each of us.**

**We believe that God's kin-dom is here and now, stretched out all around us for those with eyes to see it, hearts to receive it, and hands to make it happen.**

### **Prayers of and for the Community**

**Andrea: We now bring our prayer intentions to the Table.**

**Our response is: All: May our light bring healing in our world.**

**We pray for the devastated families of those still suffering from the two hurricanes and all the natural disasters in our world. R**

**We pray for the people of Ukraine and Russia that they may live in peace without fear and that goodness and sanity will fill the hearts and minds of those that would cause them harm. R**

**We pray that our government puts children above guns, power, and greed. R**

**We pray for our MMOJ intentions on our community prayer list. (Joan shares)**

**Our response is: All: May our light bring healing in our world.**

**For what else should we pray?**

**Our response is: All: May our light bring healing in our world.**

**Andrea: Holy Mystery may we respond to the needs of our sisters and brothers in loving prayer and solidarity. Amen**

### **Liturgy of the Eucharist**

**Beth: Gracious Wisdom, you embrace us with your extravagant affection in our times of both blessedness and weakness. You are always with us, carrying us, you living in us and we living in you. As we prepare for this sacred meal, we are aware of our call to serve, our call as your anointed ones to tend to the sick and dying, hold the hearts of those in emotional pain, and protect and defend the marginalized. In this festive meal, your Spirit is poured out on each of us, your anointed disciples, gathered together in this time and place. We also ask that your Spirit be spread to those of our community who are not with us today.**

**Let us rejoice as we sing:**

**All: Holy, Holy, Holy Linda Lee Miller  
(adapted from Holy, Holy, Holy by Karen Drucker)  
<https://www.youtube.com/watch?v=orKBBij5LZA>**

**Kathryn: We thank you for the gift of Jesus of Nazareth in history -- and the gift of Jesus in faith. On earth, his life burned with the vision of his mission on earth. Through the example of his life – his teachings and actions - he showed us not only how we should live, but also what was worth even dying for.**

**Lee and All: When his time on earth had come to an end, Jesus – aware of and accepting his destiny – gave us his life for the values that he deeply believed, lived and taught...his conviction that love is stronger than death.**

And then, in providing an example of this wisdom for all people in ages to come, he opened wide his arms...and died. And the spirit that lived in Jesus resurrected him to a new life, a promise made to all of us too who live the new story. Jesus is with us today and he will be through the end of time.

**(With an outstretched arm, we pray the consecration together.)**

**ALL:** We remember the gift that Jesus gave us on the night before he died. He gathered with his friends to share a final Passover meal. And it was at that supper that Jesus took bread, said the blessing and shared it with them saying: take this, all of you, and eat it. This bread is you; this bread is me. We are one body, the presence of God in the world. When you do this, remember me and all that I have taught you. This is the new and everlasting covenant.

*[short pause]*

**Kathryn:** In the same way, Jesus took a cup of wine, said the blessing and gave it to his friends saying: take this, all of you, and drink it. This wine is you; this wine is me. We are one blood, the presence of God in the world. When you do this, remember me and all that I have taught you. This is the new and everlasting covenant.

**Marty:** Jesus, who was with God “in the beginning of the creation of the heavens and the earth,” is with us now in this bread. The Spirit, of whom the prophets spoke in history, is with us now in this cup. Let us proclaim this mystery of faith.

**Beth:** Jesus has died. Christ is risen. The Divine Presence lives in us and through us in the world today.

**Andrea:** God, we know that you bless your church throughout the world. We, your people, ask for your grace that we may continually grow in our love and caring for Francis, our Pope, Bridget Mary, our Bishop and for everyone with whom we come in contact, especially those who live on the margins of church and society. They are all our brothers and sisters, members of your Blessed Family. We remember also all those, living and dead, who touched our lives and left their footprints on our hearts. We remember especially....*(mention names here, if you would like to..)*

**Lee and All:** We believe that the Spirit of God is at work in and among us and will do more than we could ever ask or imagine. We believe that it is through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory and honor is yours, Creator God, forever and ever.

Great Amen: Linda Lee Miller

<https://www.youtube.com/watch?v=Dy76fpfKNsg>

## The Prayer of Jesus

**Beth and ALL:** Let us pray as Jesus taught us.

O Holy One, you are within, around, and among us.

We celebrate your many names. Your wisdom come, your will be done, unfolding from the depths within us. Each day you give us all we need. You remind us of our limits, and we let go. You support us in your power, and we act with courage. For you are the dwelling place within us, the empowerment around us, and the celebration among us, now and forever. Amen

Adapted, Miriam Therese Winter, MMS

### Sign of Peace:

**Kathryn:** Jesus said to his disciples, “My peace I leave You. My peace I give You.” Let us now extend a sign of peace to one another by saying, “Namaste, Namaste, Namaste”.

**Lee:** Please join in praying the Litany for the Breaking of the Bread:

**Lee:** Holy One, You call us to speak truth to power; we will do so.  
Holy One, You call us to live the Gospel of healing and justice; we will do so.  
Holy One, You call us to be Your presence in the world; we will do so.

**Andrea:** This is the bread of life and the cup of blessing. Blessed are we who are called to Christ’s table.

**Beth and All:** What we have heard with our ears, we will live with our lives. As we share communion, we become communion, both Love’s nourishment and Love’s challenge.

Please receive/share Eucharist now, saying: “You are the salt of the Earth.”  
And “You are the Light of the world.”

Communion Song: Holy Wisdom, Lamp of Learning by Earthwash

<https://www.youtube.com/watch?v=9bQgeKHA8KY>

Introductions/Thanksgiving/Announcements

Community Prayer

**Lee: Lord, Make Me a Channel of Disturbance: The “Reverse St. Francis Prayer”.**

**Lord, make me a channel of disturbance.  
 Where there is apathy, let me provoke.  
 Where there is compliance, let me bring questioning;  
 Where there is silence, may I be a voice.  
 Where there is too much comfort and too little  
 action, grant disturbance;  
 Where there are doors closed and hearts locked,,  
 Grant the willingness to listen.  
 When laws dictate and pain is overlooked...  
 When tradition speaks louder than need...  
 Grant that I may seek rather to do justice that to  
 talk about it;  
 Disturb us, O Lord.  
 To be with, as well as for, the alienated;  
 To love the unlovable as well as the lovely;  
 Lord, make me a channel of disturbance.  
 -Author unknown**

**ALL: Let it be so.**

**Kathryn: Please raise your hands in blessing: And together with our arms extended to one another we say:**

**ALL: May our lives radiate the light of the Holy One. May we have the courage to speak truth to justice in our church and in our world. May we be humble enough to be like children in receiving the kin-dom of Great Mystery. May we be a blessing in our time and the Face of God to all whom we meet.**

**ALL: Thanks be to all that is holy! Go in Peace to be light in our world! Alleluia!**

**Closing Song: Closing Song: Go Light Your World – Kathy Troccoli**  
[Go Light Your World - Kathy Troccoli - YouTube](#)

**If you would like to add your intercession to our MMOJ Community Prayers book,  
 Please send an email to [jmeehan515@aol.com](mailto:jmeehan515@aol.com)**

If you would like to invite another person to attend our liturgy please refer them to [www.marymotherofJesus.org](http://www.marymotherofJesus.org) where the day's liturgy is found. Zoom instructions are also included there.

**NEW PO BOX:**

Please send donations to:  
Mary Mother of Jesus Inclusive Catholic Community  
5342 Clark Road #3079  
Sarasota, FL 34233